# **Training Driven By Diagnosis**

## **Enrollment Form**

Name				
Address				
City	State _	Zip		
Home Phone _		Mobil Phone	2	
E-Mail		Birthday	_//_	
Age Group	□ Primary (1-6 grades)	□ Secondary (7-1	.2 grade)	□ Adult / Pro
Signature			_	
	ned by parent or guardian			
Fall 2016 – St	arts 10/3/16			
	mes can be added for groups of 2-4 1/week @ Sat 11:00 am  2/week @		week @ Tu, T	Гh @ 7:30 pm, Sat @ 11

Course	Track (check 1-3)	Development	Rate (	<u>check 1/track)</u>
□ Muscle Strength &	□ Scapula, Shoulder & Elbow	□ 1	$\Box$ 2	□ 3 / week
Joint Balance	□ Knee & Ankle	□ 1	$\Box$ 2	$\Box$ 3 / week
	□ Pelvis & Hips	□ 1	$\Box$ 2	□ 3 / week
	□ Spine: Cervical, Thoracic & Lum	nbar □1	$\Box$ 2	□ 3 / week
	□ Wrist & Hand	□ 1	$\Box$ 2	□ 3 / week

### Winter Schedule & Finances on Back

#### Winter 2017 – Starts 1/9/17

### Department - Individual Muscles & Joints

□ Pay in full 1<sup>st</sup> day

Custom training times can be added for groups of 2-4 or as classes are full. Training Schedule: 1/week @ Fri 5:00 pm 2/week @ M & W 5:00 pm 3 / week @ M, W, F 5:30 pm Track (check 1-3) Course Development Rate (check 1/track) □ **Muscle Strength &** □ Scapula, Shoulder & Elbow  $\Box 1$  $\square$  2  $\square$  3 / week **Joint Balance** □ Knee & Ankle □ 1  $\sqcap 2$  $\square$  3 / week  $\square$  2 □ Pelvis & Hips  $\Box 1$ □ 3 / week □ Spine: Cervical, Thoracic & Lumbar  $\Box 1$  $\square$  2 □ 3 / week □ Wrist & Hand  $\square$  3 / week  $\Box 1$ □ 2 □ Individual Joint ☐ Scapula, Shoulder & Elbow □ 2  $\square$  3 / week  $\sqcap 1$ Range: Flexibility □ Knee & Ankle □ 1  $\sqcap 2$  $\square$  3 / week & Stability □ Pelvis & Hips  $\Box 1$ □ 2 □ 3 / week ☐ Spine: Cervical, Thoracic & Lumbar  $\Box 1$  $\Box$  2  $\Box$  3 / week □ Wrist & Hand □ 2 □ 3 / week  $\Box 1$ ------ Office Use ------**Finances** Track Term Course X's / week Cost / Track Fall Individual M & J Winter Individual M & J Individual J Range \_\_\_\_\_ Total Deposit (-) Payment Plan Charge (+) Balance Due 1st day \_ or 3 equal payments

 $\Box$  3 payments – 1<sup>st</sup> day, 4<sup>th</sup> week, 7<sup>th</sup> week